

Implementing a Counseling Focused Pathway





We thank you for trusting us since 1921. Together, We Build Careers!



Students

Teachers

Professionals

Authors



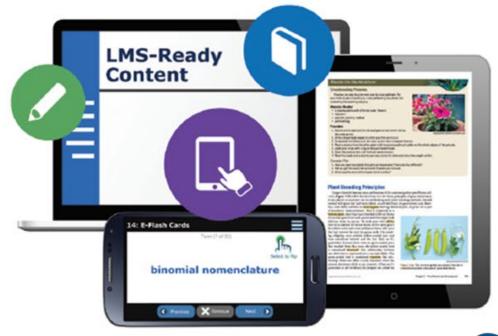
Flexible Integration, Quick Implementation, Easy Navigation

Print or Online

- Textbooks
- Workbooks/Lab Manuals

Online

- Activities
- Lesson Plans
- Presentations
- Assessments
- Videos and Animations



Blackboard



D2L BRIGHTSPACE

S schoology



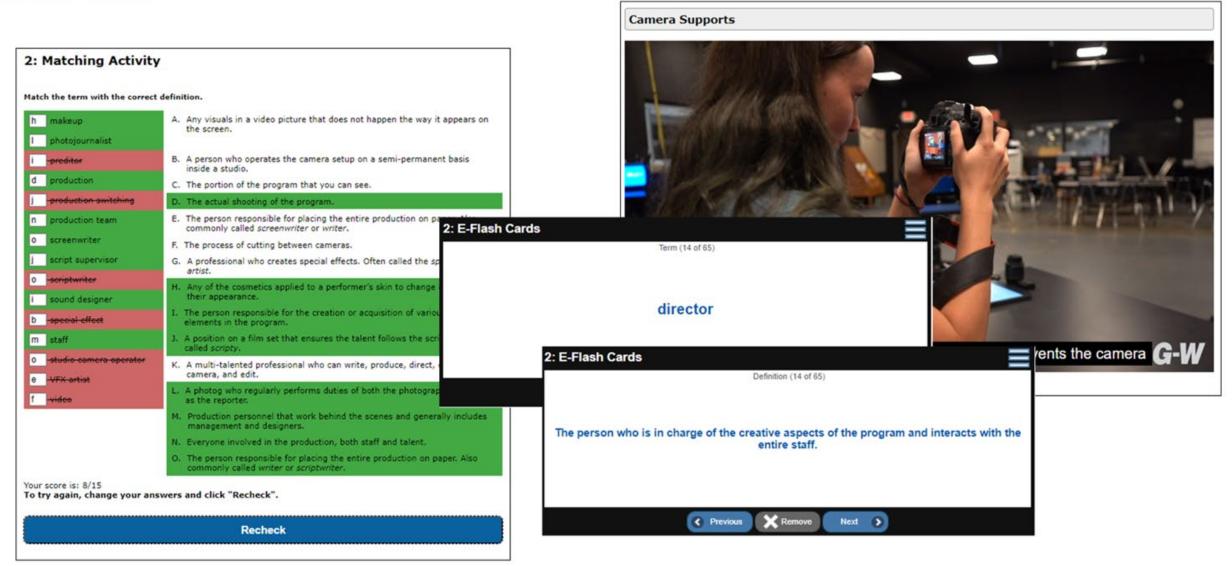








Supplemental Digital Learning





Online Instructor Resources

Extensive Online Instructor Resources include:

- Lesson Plans
- Rubrics
- Assessment Software
- Answer Keys and Lesson Plans





Introductions

Reno Palombit

Director of Career and Technical Education Johnson County Public Schools

Alyson L. McIntyre-Reiger, CFCS

Director

Advancing Connections

Katrina Pelow

Marketing Manager

G-W Publisher



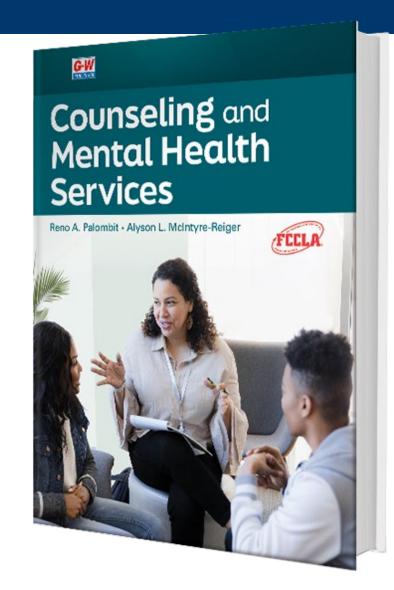
Counseling and Mental Health

Name a Career in the Human Services Field



Find Focus

 Consider creating a pathway or focusing your human services pathway on Counseling and Mental Health Services



G-W PUBLISHER

Why

- Great job outlook for students careers in mental health are growing at 18%
- School and Career Counselors are growing at 5%
- Students are interested in careers that make a difference

high skill, high wage, in-demand careers

<u>Substance Abuse, Behavioral Disorder, and Mental Health Counselors:</u>
<u>Occupational Outlook Handbook: : U.S. Bureau of Labor Statistics (bls.gov)</u>

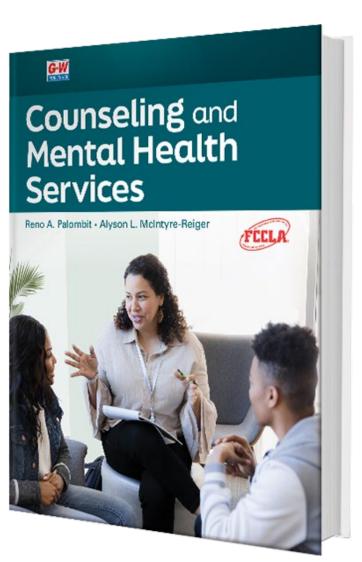


G-W Sample CMH Pathways

Foundational or Exploratory Course	Level I "Prerequisite" Course	Level II "Concentrator" Course	Capstone or Enhancement Course
Principles of Human Services	Counseling and Mental Health I	Counseling and Mental Health II	Peer Mediation Practicum
Foundations in Family and Consumer Sciences	Child/Human Development	Counseling and Mental Health	Internship
Strengthening Family & Self	Interpersonal Relationships	Counseling and Mental Health	Human Services Practicum/ Internship
Principles of Teaching	Teaching Professions I	Teaching Professions II	Counseling and Mental Health



Chapters



Chapter 1: Introduction to Counseling and Mental Health

Chapter 2: Relating to Ourselves and Others

Chapter 3: Families and Couples

Chapter 4: Mental Health Throughout the Lifespan

Chapter 5: Communities and Mental Health

Chapter 6: The Biology of Psychology

Chapter 7: Language and Learning

Chapter 8: Neurodivergence

Chapter 9: Mental Disorders

Chapter 10: Treatment

Chapter 11: Navigating Life's Challenges

Chapter 12: Living with Integrity

Chapter 13: Career and School Counseling

Chapter 14: Client-Counselor Relationship

Chapter 15: Business of Counseling and Mental Health

Chapter 16: Career Development in Counseling and Mental Health



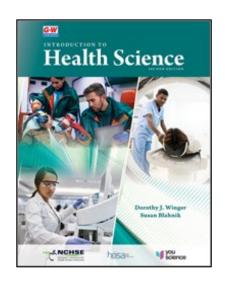
Possible 2-Course Breakdown

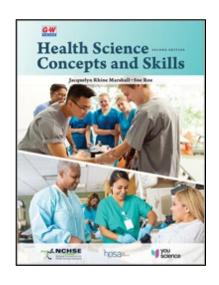
Counseling and Mental Health I	Counseling and Mental Health II
Chapter 1: Intro to CMH Chapter 2: Relating to Self and Others Chapter 3: Families and Couples Chapter 4: Mental Health Through the Lifespan Chapter 5: Communities and Mental Health Chapter 12: Living with Integrity Chapter 13: Career and School Counseling Chapter 16: Career Development in CMH*	Chapter 6: The Biology of Psychology Chapter 7: Language and Learning Chapter 8: Neurodivergence Chapter 9: Mental Disorders Chapter 10: Treatment Chapter 11: Navigating Life's Challenges Chapter 14: Client-Counselor Relationship Chapter 15: Business of CMH

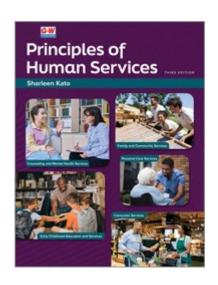
*Chapter 16 could go either way. You could even split it, covering 16.1 in level one and 16.2 in level two.

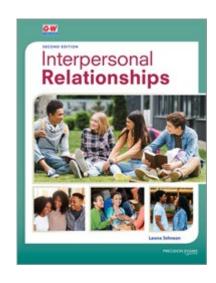


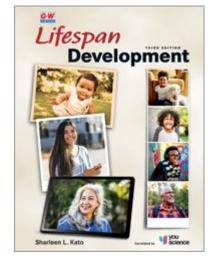
Related Titles

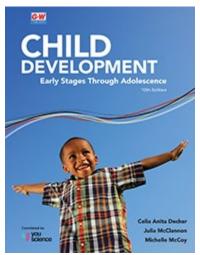


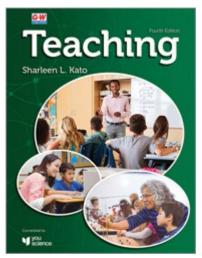














Topic Highlights

Counseling Dispositions

Ethical and Legal Issues in Counseling

Grief and Loss

Dating Violence

Stigma

Social Entrepreneurship

School to Career Plan

Marketing Yourself



Key Features in Each Chapter

- FCCLA Integration Ideas
- Personal Journal Prompts
- Trends in Counseling and Mental Health
- Career Connection
- Career Practice
- College and Career Portfolio



Personal Journal Prompts



Do you speak
multiple languages? If
yes, what languages?
What benefits and
skills have you learned
by being able to speak
multiple languages? If
no, what other language
would you like to learn
and why? How would
you use that language?

- Opportunity for inward/outward reflection
- Quick exercises to get students engaged and reflecting

Making the content personal to them

How could you incorporate journal prompts in your lessons?



Trends in Counseling and Mental Health



ACEs Training
Community Based Mental
Health Services
Silent Disco
Online Dating
Technology's Impact on
Mental Health
and so much more!

How would you use a trend feature in your classroom?



Career Connection

Psychologist

Marriage and Family Therapist

Clinical Child and Adolescent Psychologist

Industrial Organizational Psychologist

Neuroscientist

Linguistics

Behavior Analyst

Clinical and Counseling Psychologists

Art Therapist

Victim Advocate

Life Coach

School Counselors

Therapists to Mental Health Professionals

Non-profit Professional

Vocational Rehabilitation Counselor



College and Career Portfolio

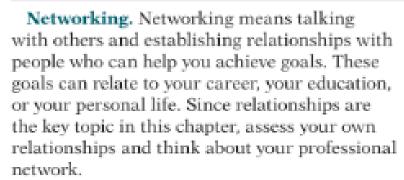
- Each chapter has a portfolio component
- Helps a student build a portfolio over the scope of the course or program
- Allows students to practice and create portfolio components related to what they are learning





Career Readiness Portfolio

College and Career Portfolio



You have probably already begun to build a professional network. People in your network include your instructors, employers, coworkers, or counselors who know about your skills and interests. Those who participate with you in volunteer efforts, clubs, or other organizations can also be part of your network. These people may help you learn about job openings or give



you career insights. They may also serve as references for applications.

- Identify the people who are part of your professional network.
- Create a spreadsheet that includes information about each person. Include the person's name, contact information, and their relationship to you. Save the file. This will be used for your personal use and not included as part of your portfolio.
- From this file, determine three people who could serve as references in your portfolio. You will learn more about references in a later portfolio activity.



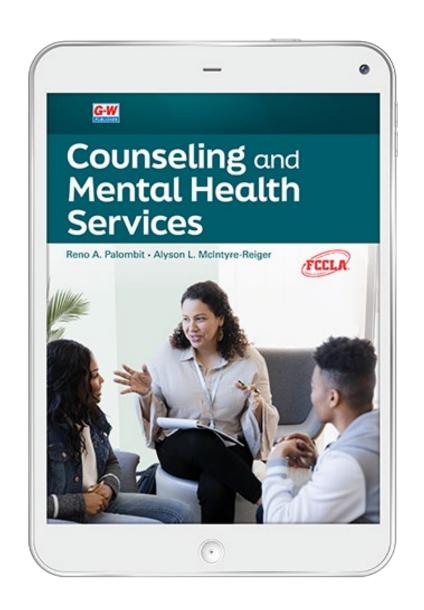
Questions?

Contact Us

reno.palombit@gmail.com

amcintyrereiger@gmail.com

kpelow@g-w.com



G-W Resources

- NC CTE CMH Pathway
- NC CTE CMH I Blueprint / CMH II Blueprint
- Johnston County Public Schools <u>CMH Pathway Profile</u>
- Texas CTE <u>CMH Scope and Sequence</u>
- Daring Classrooms Hub from Brené Brown
- AAFCS Pre-PAC <u>Family and Community Services</u>
- Learn more about Counseling and Mental Health Services: https://www.g-w.com/counseling-mental-health-services-2026
- Download the Journal Prompts handout: https://www.g-w.com/pdf/2024/cmhs_journal_prompts_actvity.pdf