



Welcome to NCHSE's 2023 National Health Science Conference

We have two and a half exciting days (three and half days if you're attending the pre-conference session) of professional development and networking planned to include the opening keynote speaker Kim Bearden and closing keynote speaker, John O'Leary along with over 65 concurrent session options. Take advantage of networking opportunities throughout the conference; connect with educators during breakfast, lunch, and break times, visit with partners and exhibitors, exchange ideas and meet new friends while in Seattle. Plan to stay for the networking reception, Tuesday, October 17, 4:15 – 5:30 P.M in the Grand Foyer to enjoy casual conversations with attendees and event sponsors.

Thank you for joining us! We hope you have a great conference experience at The Westin Seattle.

Nancy H. Allen, NCHSE Executive Director

Schedule at-a-Glance

All times listed are Pacific Daylight Time

SUNDAY, OCTOBER 15, 2023

6:00 – 8:00 P.M. Conference Registration

Elliott Bay – South Tower – Lower Level

MONDAY, OCTOBER 16, 2023

7:30 – 9:00 A.M. Conference Registration

Elliott Bay – South Tower – Lower Level

Pre-conference Professional Development Sessions

Includes both outstanding sessions, rotating morning, and afternoon presentations.

7:30 – 8:45 A.M.

Breakfast

Grand Foyer – 4th Floor North Tower

12:00 – 1:00 P.M.

Lunch

Grand Foyer – 4th Floor North Tower

9:00 A.M.– 4:00 P.M. **Activities in A Pinch: Denise Abbott and Robbie Rauzi**

Grand Crescent (North Tower - 4th Floor)

This session will provide health science instructors with quick, interactive activities to add to their curriculum. The workshop includes activities in anatomy and physiology for all body systems, medical terminology, sports medicine, medical math, forensics, and literacy.

Learning Strategies – A Deep Dive: Kim Smith

Elliott Bay (South Tower – Lower Level)

Today's teacher may have a wealth of instructional resources, but many are still teaching "old school." This session will give teachers a better understanding of the physiology of learning and memory to help them make better choices when planning classroom instruction.

2:00 – 8:00 P.M.	Exhibitor Set Up	<i>Grand Foyer & Grand III – 4th Floor North Tower</i>
6:00 – 8:00 P.M.	Registration Attendees, Exhibitors, and Sponsors	<i>Grand Foyer – 4th Floor North Tower</i>

TUESDAY, OCTOBER 17, 2023

7:00 – 8:00 A.M.	Registration & Breakfast	<i>Grand Foyer & Grand I & II</i>
8:00 – 8:30 A.M.	Opening Session: Orientation & Announcements	<i>Grand I & II</i>
8:30 – 9:45 A.M.	Keynote Speaker: Kim Bearden <i>WHAT EVERY EDUCATOR SHOULD KNOW</i> From philosophy to implementation, learn how to focus on what’s truly important for all educators to remember. Participants will be motivated, inspired, and reminded of their significant, powerful role in the lives of their students. Kim will share methods for promoting student engagement, increasing rigor, developing relationships, and creating a climate and culture that inspires learning.	
10:00 A.M. – 4:00 P.M.	Health Science Certificate Lab Sponsors: NCHSE, YouScience, and G-W Publisher	<i>Grand Crescent – 4th Floor North Tower</i>
	Exhibits Open	<i>Grand Foyer and Grand III– 4th Floor North Tower</i>
10:00 – 10:45 A.M.	Concurrent Sessions (1) – 6 options	
10:45 – 11:15 A.M.	Exhibitor Visits	
11:15 A.M. – 12:00 P.M.	Concurrent Sessions (2) – 6 options	
12:00 – 1:00 P.M.	General Session: Lunch, Announcements & Exhibitor Visits	<i>Grand I, II & III</i>
1:00 – 1:45 P.M.	Concurrent Sessions (3) – 7 options	
2:00 – 2:45 P.M.	Concurrent Sessions (4) – 6 options	
2:45 – 3:15 P.M.	Snack Break with Exhibitors	
3:15 – 4:00 P.M.	Concurrent Sessions (5) – 6 options	
4:15 – 5:30 P.M.	Networking Reception for Attendees & Event Sponsors	<i>Grand Foyer – 4th Floor North Tower</i>

WEDNESDAY, OCTOBER 18, 2023

7:45 – 8:15 A.M.	Networking & Breakfast	<i>Grand Foyer & Grand I & II</i>
8:15 – 8:50 A.M.	General Session: Breakfast & Announcements	<i>Grand I & II</i>
9:00 A.M.– 3:00 P.M.	Health Science Certificate Lab	<i>Grand Crescent (Last Day)</i>
9:00 – 9:45 A.M.	Concurrent Sessions (6) – 6 options	
10:00 – 10:45 A.M.	Concurrent Sessions (7) – 6 options	
10:45 – 11:15 A.M.	Exhibitor Visits	
11:15 A.M. – 12:00 P.M.	Concurrent Sessions (8) – 6 options	

- 12:00 – 1:00 P.M. General Session: Lunch, Door Prizes & Exhibitor Visits
Grand I, II & III
- 1:00 – 1:45 P.M. Concurrent Sessions (9) – 6 options
- 1:00 – 3:00 P.M. Hearing Screening *Stuart Room – 2nd Floor North Tower*
Department of Speech and Hearing Sciences Students
University of Washington
- 1:45 – 2:15 P.M. Last Visit with Exhibitors
- 2:15 – 3:00 P.M. Concurrent Sessions (10) – 6 options
- 3:00 P.M. – UNTIL Seattle Sightseeing on Your Own
[Discover Seattle](#)
[Seattle Dining Options](#)
<https://visitseattle.org/site/nchse2023/>

THURSDAY, OCTOBER 19, 2023

- 7:00 – 8:00 A.M. Networking & Breakfast *Grand Foyer & Grand I & II*
- 8:00 – 8:15 A.M. Closing Session: Breakfast, Announcements, Door Prizes
Grand I & II
- 8:15 – 9:45 A.M. Closing Session - **Keynote Speaker: John O’Leary**
THE POWER OF ONE: How One Attitude, One Action and One Person Can Change the World
With emotional storytelling and unexpected humor, John reminds audiences of the significance of daily attitudes, the power of gratitude, and the impact of serving others with courage. He reawakens audiences to realize the gift of today and the possibility of tomorrow. His book, *On Fire: The 7 Choices to Ignite a Radically Inspired Life* was an instant #1 national bestseller. Attendees will receive a copy of his book.
- 10:00 – 10:30 A.M. Break and Checkout Time
*Luggage Storage – Stuart Room
2nd Floor North Tower*
- 10:45 A.M. – 11:15 A.M. Concurrent Sessions (11) – 6 options
- 11:30 A.M. – 12:15 P.M. Concurrent Sessions (12) – 8 options
- 12:15 P.M. Safe travels!